



Working at Height Awareness



Course Aims

To increase the knowledge of managers, supervisors towards the Working at Height Regulations (WAHR) 2005.

To enable delegates to assess the risk from working at height and introduce sensible controls to reduce risks to reasonable levels.

Course Objectives

By the end of this training programme, delegates will be able to;

1. Define "work at height"
2. Give an overview of civil and statutory laws applying to working at height
3. Outline the responsibilities of the client/employer, Contractor, sub contractors, self employed and employees under the Work at Height Regulations
4. State the hierarchy of control measures for managing work at height
5. Give examples of types of equipment used when working at height
6. Describe examples of fall prevention and fall mitigation
7. Explain the implications of the WAHR towards designers, managers and supervisors
8. Identify the need for training and development of staff
9. Outline the main factors to consider when carrying out a work at height risk assessment

Who will benefit from this training course?

Those who have managerial or supervisory responsibility for those involved in working at height

Course Outline

Accident statistics involving falls from height
Examples of civil and statutory law applying to fall accidents
Duties of client/employer, contractor, sub contractor
Factors to consider in a work at height risk assessment
Factors to consider using ladders and step ladders
When working at height is 'safe'
Example of fall protection and fall mitigation equipment
Risk assessment, method statement and operational procedures to ensure a safe place of work
Requirements for training and development of staff
Examples of working at height risk assessment

Training Methods

Lectures, discussions and practical exercises.

Delegate numbers

Up to a maximum of 10 delegates

Programme length - 3 hours

For more information

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Trainer and safety consultant, has been involved in training for over 30 years, leaving the Governments' Skills Training Agency as a higher instructional officer in 1992 to set up his own Training and Safety Services.

He is a safety advisor to a number of small/medium size businesses in the Norwich and Norfolk area and assists them in the completion of safety policies, general risk assessments, noise risk assessment and hearing tests. He also provides specially designed tool-box training sessions for his clients so that his training is always relevant to the client needs.

Training sessions include:

Accident investigation, Asbestos awareness, Compressed air safety, Control of substances hazardous to health, Display screen equipment, Electrical safety, Fire warden training, Hand arm vibration, Human behavioural safety, Human Kinetics, Manual handling, Noise awareness, Permit to work, Provision and use of work equipment, Risk assessment, Safety leadership, Safety Policy, Safe use of lifting equipment, Working at height, Workplace safety, Work related upper limb disorders.

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