



Principles of risk assessment



Course Aims

- To enable nominated staff to carry out general workplace risk assessments as required by Regulation 3 of the Management of Health and Safety Regulations 1999.

Course Objectives

By the end of the training, delegates will be able to;

- Understand the legal requirements for risk assessments
- Understand the principles of hazard identification
- Carry out an assessment of risk as an individual or as a member of a team
- Outline the principles of risk control

Course Outline

- Overview of Employer and employee duties under the Health and safety at Work Act 1974
- Overview of the Management of Health and Safety at Work Regulations 1999
- Safe systems of work
- 5 steps to a safe system of work
- Hazard identification
- Evaluation of risk
- Risk matrix
- Level of risk and "As low as reasonably practicable"
- HSE's Five steps to risk assessment
- General hierarchy of controls
- Children and young people
- Recording the assessment
- Practical risk assessment exercises
- End of course test

Training Methods

Lectures, discussions and practical exercises.

Delegate numbers

Up to a maximum of 10 delegates per programme

Programme times

0930 to 1230 lunch and then 1300 to 1600

Delegate numbers

Up to a maximum of 10 delegates

Programme length - 3 hours

For more information

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Trainer and safety consultant, has been involved in training for over 30 years, leaving the Governments' Skills Training Agency as a higher instructional officer in 1992 to set up his own Training and Safety Services.

He is a safety advisor to a number of small/medium size businesses in the Norwich and Norfolk area and assists them in the completion of safety policies, general risk assessments, noise risk assessment and hearing tests. He also provides specially designed tool-box training sessions for his clients so that his training is always relevant to the client needs.

Training sessions include:

Accident investigation, Asbestos awareness, Compressed air safety, Control of substances hazardous to health, Display screen equipment, Electrical safety, Fire warden training, Hand arm vibration, Human behavioural safety, Human Kinetics, Manual handling, Noise awareness, Permit to work, Provision and use of work equipment, Risk assessment, Safety leadership, Safety Policy, Safe use of lifting equipment, Working at height, Workplace safety, Work related upper limb disorders.

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